

Cost for the camp - \$460 per week.

# Thistle Ridge Skill Builders Training Camp

July 9th - July 13

Are you serious about your riding? Are you tired of the cookie cutter formula of one size fits all?

Contact Laura@ThistleRidgeStables.com 613.304.7013

Please print page, fill out and deliver to Thistle Ridge Stables or email ThistleRidge@hotmail.com to have a pdf of the form emailed to you.

Rider's Information: Name: Riding Experience:	Date of Birth
Discipline (circle all that apply): Dressage 1	Hunter Jumper Eventing Other
What goals do you have for your riding? Would competition? Improve your horse's form over for	
Horse's Information: I will be bringing a horse to camp: Yes No Horse's Name:	Do you compete with this horse? Yes No
Discipline (circle all that apply):  Dressage Hunter Jumper  Eventing Other	If yes, in what disciplines and at what level(s)?
I will require the use of a Thistle Ridge horse:	Yes No

Contact Information (adult rider):		
Phone: h)	under 18):	
	Phone Numbers:	
w)	h)	
c)	w) c)	
	c)	
Primary e-mail address:		
Rider's Physician	Phone:	
EMERGENCY CONTACT, relation	nship to rider and phone number:	
Please indicate any illnesses, food or environmental allergies that we should be aware of. This is strictly confidential and is merely a precaution. Only mention anything that you feel could compromise the your/the rider's health in an accident scenario or be potentially life threatening such as allergies. Please be aware that there will be nuts and nut products, egg and dairy products on site.		
	this activity is and shall be at his/her own risk against elf/herself or his/her horse and/or property, hence:	
Thistle Ridge Stables and/or Laura Remployees/volunteers and indemnify of every nature and kind what so every executors, administrators or assigns, them or any of them for or on account the undersigned person or property volumes.	ter how caused, and I hereby release and discharge Kelland-May its successors and assigns, its them of and from all actions, claims and demands or which the undersigned, or the undersigned heirs, may now or can at any time hereafter have against not of any loss, damage or injury to the undersigned, while at Thistle Ridge Stables whether or not caused ce of any of them or otherwise how so ever.	
Signed this day of	, 2012.	
Rider's Name (please print):		
Rider's Signature:		

## Who should take this course?

If you are serious about your riding then this course is for you. You do not have to be an exceptional rider, trainer or professional; all we ask is that you have a basic –walk – trot and

canter seat. What we *REALLY* want are horse people who are willing to put themselves forward and want to be the best riders that they can be.

Good training starts with a solid foundation. Building on a base of knowledge will provide you with a good base to move forward and grow.

### How is this riding camp different than any other course?

This is not a cookie-cutter course. What you will get is individual program suited to you and your riding experience. Each session/lesson will include exercises, tips and program suited to your specific needs.

You will receive training in common techniques, actual HOW TO fix errors. Not just "get the horse rounder" but actual training on HOW TO instruction. You will learn exercises to include in your own training program. Your horse will look amazing and you will look like a genius.

Identify root problems and what subtle differences can be employed to boost your training prowess. Recognize some common riding errors such as heels jiggling, uneven hands and how these effect the horse.

### **Sample Schedule -** All Riders will have 7 lessons over the 5 day camp

- Monday:
  - 1 private lesson/assessment
  - Afternoon lecture
- Tuesday:
  - 1 group lesson dressage/flat
  - 1 group lesson over fences or 1 group lesson dressage/flat
- Wednesday:
  - 1 group lesson (over fences or dressage/flat)
  - Afternoon hands on awareness program
- Thursday:
  - 1 private lesson
  - Afternoon session
- Friday:
  - 1 group lesson dressage/flat
  - 1 group lesson over fences\

#### You need this course if you:

- o If you care about your riding
- Having problems with bringing a young horse along
- Want to advance your riding to the next level
- o If your riding has plateau-ed and you don't know where to go
- Need some specific help with one aspect of your riding
- o Need to be around people to get you motivated
- Want to progress, develop and succeed
- Want to progress quicker through your training process
- o Are confused by training issues and want to know how to move past them
- You think your horse is holding you back because he can't do it
- You need to know exactly HOW to do things
- o It will outline every day training situations and how to proceed to encourage correct horse development.

Your Lessons will be a mixture of dressage (test movements, training) and over fences (or more flat/dressage riding if you choose) riding, including gymnastics. Contact Laura @thistleRidgeStables.com to reserve your session.